

## MARCHING SAFELY

Marching band season is a glorious time to be outside, but temperatures can also vary between extremely hot and extremely cold. Student safety is the primary concern. As temperature fluctuates it can impact intonation, endurance, technique, accuracy, range, projection, and especially morale. In cold weather, winds go flat and tuned percussion go sharp, and the opposite occurs in hot weather. As long as students are appropriately prepared, the experience can be positive and successful. Being wet also changes the body's tolerance at all temperatures. Weather apps such as NOAA, The Weather Channel, and RainAware are useful in anticipating inclement weather.

TEMPERATURE	BASE OUTFIT	LAYERS	ACCESSORIES
Above 100°	Use extreme caution; consider postponing or canceling activity.		
90°-100°	Shorts, short-sleeved shirt	n/a	Hat, sunscreen, water
80°-90°	Light, loose-fitting, breathable clothing	n/a	Hat, sunscreen, water
60°-80°	The golden window for marching band!		
50°-60°	Warm comfortable attire	n/a	Water
40°-50°	Long-sleeved shirt, full-length pants	Sweatshirt or jacket	Water
30°-40°	Long-sleeved shirt, pants or tights	Heavy jacket	Gloves, hat/muffs, water
20°-30°	Use extreme caution; consider postponing or canceling activity.		